



Pre-CUDOS 2018 Conference Workshop

**Improving Diabetes Care in Specific Situations Using Technology:
Clinical Aspects of Managing Type 1 Diabetes**

Thursday September 20th 2018
Research Department at Sidra Medicine, Doha
C5-401 A & B

AT THE END OF THE WORKSHOP, THE PARTICIPANTS WILL BE ABLE TO:

At the end of the workshop, participants will be able to:

- Appreciate specific consideration in diabetes management
- Understand the importance of technology use in exercise, sick days and pregnancy
- Understand the therapeutic protocols in specific considerations
- Appreciate the role of Glucose sensors in Diabetes Management
- Learn about different CGM devices and their use
- Understand the importance of CGM as diagnostic tool and therapeutic tool

TARGET AUDIENCE

- Physician
- Nurse

SPC STATEMENT

The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

QCHP STATEMENT

This Activity is an Accredited Group Learning Activity (Category 1) as defined by the Qatar Council for Healthcare Practitioners-Accreditation Department and approved for a maximum of (X) hours(s).

Program Agenda

07:30 – 07:45 am	Welcoming remarks and light Breakfast Dr. Ammira-Sarah Akil Staff Scientist, Sidra Research Department, Sidra Medicine, Qatar
Session I	Available Diabetes Technologies: An Overview and Specifications Learning Objectives: at the end of this session, target audience will be able to: <ul style="list-style-type: none"> • Learn general information about each available technology • Learn about each technology in details and compare with the rest • Understand the fundamental beyond choosing the suitable device
07:45 – 08:00 am	Introduction and Overview Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
08:00 – 08:30 am	Diabetes and specific considerations Judith Campbel Nurse Practitioner, Pediatric Endocrinology Department, Sidra Medicine, Qatar
08:30 – 09:00 am	Insulin pump therapy as choice of treatment Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
09:00 – 09:30 am	Glucose sensor as choice of treatment Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
09:30 – 10:00 am	How to choose appropriate device Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
10:00 – 10:30 am	Refreshment Break and open informal discussion
Session II	Diabetes Daily Management Learning Objectives: at the end of this session, target audience will be able to: <ul style="list-style-type: none"> • Understand the connection between diabetes and healthy life style • Learn about how the diabetic patient sick day run and what are required to be done in terms of self or medical management • Understand the special situation while diabetic such as pregnancy

10:30 – 11:00 am	Physical Exercise and diabetes Judith Campbell Nurse Practitioner, Pediatric Endocrinology Department, Sidra Medicine, Qatar
11:00 – 11:30 am	Sick Day Management and diabetes Judith Campbell Nurse Practitioner, Pediatric Endocrinology Department, Sidra Medicine, Qatar
11:30 – 12:00 am	Pregnancy and diabetes Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
12:00 – 12:30 pm	light lunch break
Session III	Case Senario Learning Objectives: at the end of this session, target audience will be able to: <ul style="list-style-type: none"> • Listen and demonstrate real case scenario • Learn how to manage critical and emergency cases • Have an idea about the next generation technologies that might be availbel oin the near future
12:30 – 01:30 pm	Real life case scenarios Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
01:30 – 02:00 pm	What is next in diabetes treatment Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar
02:00 – 02:30 pm	Questions and Answers Professor Goran Pterovski Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar Dr. Ammira-Sarah Akil Staff Scientist, Sidra Research Department, Sidra Medicine, Qatar Judith Campbell Nurse Practitioner, Pediatric Endocrinology Department, Sidra Medicine, Qatar
02:30 - 02:35 pm	Closing Remarks and Summary Dr. Ammira-Sarah Akil Staff Scientist, Sidra Research Department, Sidra Medicine, Qatar