

Workshop 1:

Date: 20th September 2018

Time: 9:00-11:00 AM (2 Hours)

Facilitator: Professor Goran Petrovski, Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar

Workshop title: How we can improve diabetes care in specific situations?

Learning objectives: At the end of the workshop, participants will be able to:

- Appreciate specific consideration in diabetes management
- Understand the importance of technology use in exercise, sick days and pregnancy
- Understand the therapeutic protocols in specific considerations

Workshop Preliminary Agenda:

- I. Introduction
- II. Diabetes and specific considerations
- III. Diabetes technology and specific considerations
- IV. Physical Exercise
- V. Sick Day Management
- VI. Pregnancy
- VII. Case scenarios
- VIII. Q&A

Workshop 2:

Date: 20th September 2018

Time: 14:00-15:30 PM (1.5 Hours)

Facilitator: Professor Goran Petrovski, Diabetes consultant, Pediatric Endocrinology, Sidra Medicine, Qatar

Workshop title: Will Continuous Glucose Monitoring System replace Traditional Blood Glucometer?

Learning objectives: At the end of the workshop, participants will be able to:

- Investigate the role of Continuous Glucose Monitoring System (CGM) in Diabetes Management
- Learn about different CGM devices and their use
- Understand the importance of CGM as diagnostic tool
- Understand the importance of CGM as therapeutic tool

Workshop Preliminary Agenda

- I. Introduction
- II. Clinical update on CGM
- III. Implementing CGM in real life

- IV. Case scenarios
- V. Q&A

Workshop 3:

Date: 20th September 2018, **Time:** 11:00-12:00 PM (1 Hour)

Date: 20th September 2018, **Time:** 13:00-14:00 PM (1 Hour)

Facilitator: Fatima Al-Maslamani & Nada Abdullahi, Health Promotion, Sidra Medicine, Qatar

Workshop title: The Impact of Diabetes Education Program on Children with Type 1 Diabetes and Their Family: Pilot Results

Learning objectives: Diabetes Management, patient and Family Pilot Education Program is an initiative by the health promotion division in collaboration with endocrinology/diabetes clinic at Sidra Medicine. This pilot program provided education and support to children with type 1 diabetes and their parents. We took into consideration that diabetes is long life illness and causes distress to parents so we evaluated parental distress and diabetes general knowledge. This workshop will describe the impact of diabetes education program on patient and family.

Date: 20/ 09/2018

Time: 09:00 – 10:00 AM & 01:00 -02:00 PM

Presenters: Fatima Al-Maslamani & Nada Abdullahi, health promoters, Sidra Medicine, Qatar

Workshop Preliminary Agenda

- I. Program overview
- II. Education Sessions overview
- III. Program evaluation methods and results
- IV. Participants comments and feedback
- V. Challenges encountered
- VI. Moving forward – New management strategy for children with type1 Diabetes